GASTON SCHOOL DISTRICT COMMUNICABLE DISEASE MANAGEMENT AND PANDEMIC RESPONSE PLAN



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Definition

A communicable disease is an infectious disease that can be spread from person to person by various routes such as contact with infected individuals or their bodily discharges or fluids, by contact with contaminated surfaces or objects, by ingestion of contaminated food or water, breathing in airborne viruses or by direct or indirect contact with disease vectors.

There are many infectious diseases regularly circulating in the school setting. Due to the various nature, contagiousness and mode of transmission of different communicable diseases, Oregon laws and the Oregon Health Authority has exclusion from school criteria for restrictable diseases and certain excludible symptoms. See the Oregon Department of Education and Oregon Health Authority's Communicable Disease Guidance for an up-to-date list of restrictable diseases and excludible symptoms.

Communicable Disease Prevention

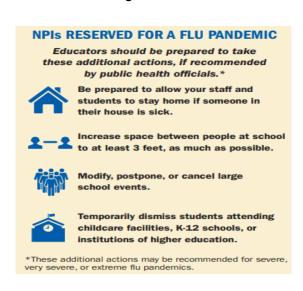
Everyday measures to limit the spread of communicable diseases should be an active part of the school comprehensive and preventative health service plan. These measures include, but are not limited to:

- Washing hands with soap and water for 20 seconds
- Effectively cover your coughs and sneezes
- Routine sanitizing
- Stay home when you're sick
- Maintain social distancing
- Personal protective equipment

Other control measures include:

- Vaccines
- Food safety
- Proper school policies and training for staff
- Educating students and families on illness prevention and management





Environmental Surface Cleaning

Clean schools contribute to healthy environments and minimize the risk of communicable disease transmission. Some of the important concepts associated with reduction in illness include scheduling routine cleaning of each classroom and common areas, ensuring appropriate stock of appropriate sanitizers and disinfectants, ensuring garbage is emptied regularly and ensuring any classrooms with pets have a cleaning plan in place to minimize odors or contamination. While environmental cleaning is largely governed by facilities management and custodial services, there are certain classroom measures that can be practiced to improve cleanliness and reduce the risk of illness transmission during peak illness such as increasing access to sanitizing wipes, tissue and hand sanitizer.

Vaccines

In the school setting vaccines are an important piece of communicable disease control. Vaccines are a requirement for attending school in Oregon. However, it is important to state that certain populations may not be vaccinated because of medical contraindications or because of religious or philosophical decisions. Each school maintains records of which students are and are not vaccinated with routine childhood immunizations as a primary control measure for outbreaks of vaccine preventable diseases. Vaccine process is in accordance with Oregon Health Authority regulations, Washington County Public Health quidance, and Gaston SD board policy.

The district maintains appropriate records of each student's vaccination record, including medical and non-medical exemptions. These are reported annually to the Washington County Public Health Department. Students who do not have the appropriate vaccinations or exemptions will be excluded from school per Public Health procedures and Oregon State Laws.

In coordination with the district nurse:

- When a vaccine-preventable disease (pertussis, varicella) is identified in the school setting, designated staff should run immunization reports to identify unvaccinated students in the school setting who may have been exposed.
- When the circulation of a vaccine-preventable disease (measles) is increasing in incident in the community, identification of students and staff who are not fully immunized is important.

Communicable Disease Exclusion

Oregon public health law requires individuals who work in or attend school who are diagnosed with certain diseases or conditions be excluded from school until they are no longer contagious. However, a physician confirmed diagnosis is not always possible and schools may need to make exclusion decisions based on clearly identifiable signs and/or symptoms. The Oregon Health Authority and Oregon Department of Education's Exclusion Guidelines are an easy reference for staff and parents. Consult a school nurse as needed.

The list below gives school instructions, r	P ILL STUDENTS OUT OF SCHOOL not medical advice. Please contact your health care provider with , anyone exposed to COVID-19 must stay home for 14 days.
SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
Fever: temperature of 100.4°F [38°C] or greater	*Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative, OR 10 days if not tested.
New cough illness OR New difficulty breathing	"Symptom-free for 24 hours AND after a COVID-19 test is negative, OR 10 days if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
Headache with stiff neck or with fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Skin rash or open sores	"Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with eye discharge: yellow or brown drainage from the eyes	*Symptom-free, which means redness and discharge are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting different without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay.	*After the school has orders from doctor to school nurse.
Student's health condition requires more care than school staff can safely provide	*After measures are in place for student's safety.

Restrictable diseases are specific infectious disease diagnoses that require students or staff to remain at home for a specified amount of time to limit transmission. Restriction is typically associated with the communicability or severity of a disease. Restrictable diseases are reportable to Washington County Public Health. The local health department typically notifies school health services. Although, there are occasions when the parent will notify the school first.

Students with diagnoses of disease restrictable by Washington County Public Health under Oregon Administrative Rule (OAR) 333-019-0010 should return to school when documentation is obtained from the local health department (LHD) indicating they are no longer communicable including:

- Diphtheria
- Measles
- Salmonella
- Typhi infection
- Shigellosis
- Shiga-toxigenic Escherichia coli (STEC) infection
- Hepatitis A

- Tuberculosis
- Pertussis
- Rubella
- Acute Hepatitis B
- COVID-19 is also declared a restrictable condition under OAR 333-018-0900

If a report is made to the school office, administration or other school staff in regards to any communicable disease diagnosis in students or staff, this should immediately be referred to the School Nurse.

The School Nurse and Administration will identify the need for communication, surveillance or control measures, including potential communication with Washington County Public Health.

The interventions and communication are driven by multiple factors including the diagnosis, student health status, risk of exposure, number of individuals infected and risk to cohort or specific students.

In compliance with FERPA and HIPPA, school staff receiving reports <u>should not</u> inform any other students, staff or parents of the report.

Outbreak

When to call Washington County Public Health for School Outbreaks

- Unusually high absenteeism in students or staff with vomiting and/or diarrhea in the same classroom or across the school within a two-week period
- Evidence of severe illness (i.e. multiple students or staff hospitalized with similar symptoms)
- Unusually high absenteeism in students or staff with fever and cough and/or sore throat
 - o 10 or more people or 20% or more of facility, absence is prolonged 3 or more days
 - o In school, 40% or more of students in any one classroom absent

For further guidance on specific outbreaks including respiratory and gastrointestinal disease outbreaks, consult the district nurse, Washington County Public Health and utilize the Oregon Health Authority Outbreak Toolkits.

Seasonal Respiratory Illness and Seasonal Influenza

Seasonal Respiratory Illness

There are several viruses that routinely circulate in the community to cause upper respiratory illnesses. The "common cold" is caused by rhinoviruses, adenoviruses, and coronaviruses. The symptoms of these viruses may vary in severity but include cough, low-grade fever, runny nose and sore throat.

Seasonal Influenza

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. There are two main types of influenza viruses: Types A and B. The flu A and B viruses that routinely spread in people are responsible for seasonal flu epidemics each year. The flu can cause mild to severe illness. Serious cases of the flu can result in hospitalization or even death. Routine symptoms associated with flu include fever, cough, sore throat, runny nose, muscle aches, headaches, fatigue and sometimes vomiting.

Pandemic Specific Response Plan

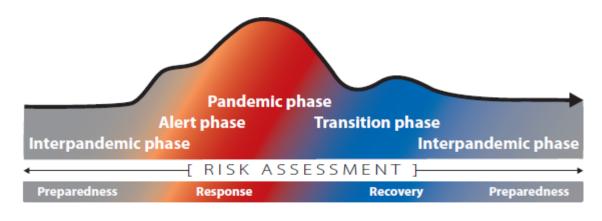
Purpose

The purpose of this document is to provide a process to non-pharmaceutical interventions (NPIs) and their use during a novel viral respiratory pandemic. NPIs are actions, apart from getting vaccinated and taking antiviral medications, if applicable, that people and communities can take to help slow the spread of respiratory illnesses such as pandemic flu or novel coronaviruses. NPIs, specifically in regards to pandemic planning, are control measures that are incrementally implemented based on the level of threat to a community.

This document should be used as a contingency plan that is modified with a response planning team based on the current level of pandemic threat .

Novel, Variant, and Pandemic Viruses

Novel viruses refer to those not previously identified. A novel virus may be a new strain or a strain that has not previously infected human hosts (COVID-19). When a virus that has historically infected animals begins to infect humans, this is referred to as a variant virus. Pandemic refers to the global circulation of a novel or variant strain of respiratory viruses. The most common viruses associated with novel and pandemic outbreaks are influenza A and human coronavirus. A pandemic occurs when a new virus that is different from seasonal viruses emerges and spreads quickly between people, causing illness worldwide. Most people will lack immunity to these viruses. Because these are new viruses, a vaccine may not be available right away. A pandemic, therefore, could overwhelm normal operation worldwide.



^a This continuum is according to a "global average" of cases, over time, based on continued risk assessment and consistent with the broader emergency risk management continuum.

Control Measures

Prophylactic vaccines and antiviral medications are appropriate interventions in some viral respiratory conditions such as seasonal influenza, they are not always accessible for novel strains. NPIs are essential and can aid in the reductions of disease transmission. It is important to note that a disease that is widely spread in the community has many options for transmission beyond a school setting. A school district can only account for NPIs in a school setting and at school-sponsored events.

Measures associated with novel or variant viruses are based on the severity of the virus. Since new viruses have no historical context, public health guidance evolves as increased numbers of cases are identified.

Everyday measures to limit the spread of communicable diseases should be an active part of the school comprehensive and preventative health service plan. These measures include, but are not limited to:

- Washing hands with soap and water for 20 seconds or using approved alcohol based hand sanitizer when hand washing is not available
- Effectively cover your coughs and sneezes and throw the tissue in the garbage after each use
- Routine sanitizing with EPA approved disinfectant (list of <u>effective disinfectants against COVID-19</u>)
- Stay home when you're sick
- Maintain social distancing
- Personal protective equipment

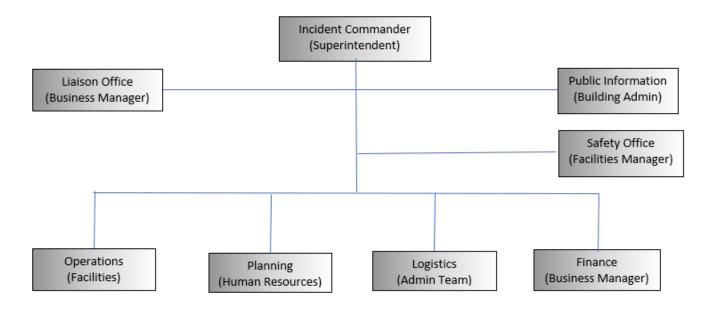
Identified Novel Viruses Cases

When a novel disease is identified, it is the responsibility of school health service personnel and school administration to pay close attention to trends. An identified individual that is part of the district's Response Team will be subscribed to OHA's alerts specific to pandemic content.

It is important to identify the geographical location and the specific public health messaging and direction. The Centers for Disease Control and Prevention (CDC) will send out guidance. When novel viruses emerge in the state, Oregon Health Authority (OHA) will provide direct guidance.

Response Team

Gaston School District has put together a Response Team that consists of individuals who can fulfill roles in district policy, clinical information, human resources, administration and facilities.



Gaston School District's Response Team will assume the following roles:

- Develop capabilities to implement non-pharmaceutical measures (NPI) to decrease the spread of disease throughout the school community as guided by the epidemiology of the pandemic and the Washington County Public Health Department.
- Develop and implement pandemic preparedness activities and a business continuity plan aimed at maintaining the provision of educational services and limiting the spread of disease throughout the duration of the pandemic.
- Communicate with and educate the school community about approved public health practices and what each person can do to prepare or respond to minimize health risks.

- Consult with Oregon Health Authority (OHA) and Washington County Department of Health and Human Services (WCDHHS) to implement a plan.
- Develop and implement educational support plans for students who are isolated or quarantined. Coordinate these plans with support plans developed by the WCDHHS and Oregon Department of Education (ODE).
- Develop and/or review a recovery plan that provides educational support and emotional support for staff and students.

When public health has deemed a novel virus a pandemic threat, defer to the <u>CDC checklist for schools</u> (appendix B) in order to establish a specific emergency response framework with key stakeholders. During this time, planning will need to be initiated on the continuity of education in the event of school closures.

Actions

LEVEL ONE ACTION: VIRUS DETECTED IN THE REGION - PREVENTION FOCUSED

Personal NPIs	Community NPIs	Environmental NPIs	Communication
 Increase routine hand hygiene. Use alcohol-based hand sanitizer. Cover coughs/sneezes effectively. Wash hands. Stay home when sick for at least 24 hours after fever free without use of a fever reducer. 	Identify baseline absenteeism rates to determine if rates increase by more than 20%. Increase communication and education on respiratory etiquette and hand hygiene in schools. Teachers provide age-appropriate education. Communicable Disease surveillance monitoring and student illness reporting. Social distance in the classrooms. Instruct students in small cohorts.	 Increase sanitizing of shared surfaces. Devise prevention and post-exposure sanitizing strategies based on current recommendations. Isolate students who become ill at school until parents can pick-up. Discourage the use of shared utensils in the classroom. 	 Provide communication to families based on the current situation, general information, and public health guidance. Provide communication to staff of the current situation. Provide communication to immunocompromised student families to defer to personal providers for recommendations.

When novel viruses are identified in the community but not in a student or staff, the district will defer to local public health guidance. This guidance will vary by event based on transmissibility, severity, and incidence. It is important to note that the school district can only apply controls around the school setting and school sponsored events. Private clubs, organizations, or faith communities are not part of the school district.

When local transmission is detected, planning for dismissal and academic continuity should be prioritized. Prolonged absence of staff should also be prioritized.

LEVEL TWO ACTIONS: INTERVENTION FOCUSED (INCLUDES LEVEL ONE ACTIONS)

Personal NPIs	Community NPIs	Environmental NPIs	Communication
 Defer to public health specific guidance. Prepare for staff and students to stay home if someone in their household becomes ill. 	 Defer to public health guidance. Social distance at school as much as possible. Dismiss students temporarily. Staff still report to work. 	Defer to public health guidance. Modify, postpone, or cancel large school events.	 Use guidance from local health departments to establish communication with staff and families. Communicate with staff regarding sick time and to stay home when sick. Ask parents to report symptoms when calling students in sick as part of communicable disease surveillance.

When novel viruses are identified in the school setting and the incidence is low, the local health department will provide direct guidance to district admin/school nurse on the diagnosed case. The local health department may impose strict restrictions on contacts.

LEVEL THREE ACTIONS: RESPONSE FOCUSED (INCLUDES LEVEL ONE & TWO ACTIONS)

Personal NPIs	Community NPIs	Environmental NPIs	Communication
Follow public health direction.	Follow exclusion guidance from the local health department, which may include student dismissal. Appendix A	Follow local public health direction on environmental cleaning/sanitizing, which may include school closure and canceling major school events.	 Coordinate communication with the local health authority. Identify possible impacted student populations such as Seniors.

POST EVENT

Personal NPIs	Community NPIs	Environmental NPIs	Communication
Routine hand hygiene and respiratory etiquette. Stay home when sick until 24 hours fever free without using fever reducing medications.	Maintain routine exclusion when local health department deems processes may return to baseline.	Maintain routine sanitizing procedures.	 Routine seasonal illness prevention and exclusion communication with staff and families. Evaluate post-event procedures to determine what worked in our response plan and what needs revised. Determine the plans needed to make up for lost academic time.

COVID-19 Specific Management Plan

KEY PRACTICES FOR REDUCING SPREAD OF COVID-19 IN SCHOOLS

The mainstays of reducing exposure to the coronavirus and other respiratory pathogens are:



Physical Distancing — At least six feet with other people.



Hand Hygiene — Frequent washing with soap and water or using hand sanitizer.



Cohorts — Conducting all activities in small groups that remain together over time with minimal mixing of groups.



Protective Equipment — Use of face shields, face coverings, and barriers.



Environmental Cleaning & Disinfection — Especially of hightouch surfaces.



Isolation & Quarantine — Isolation separates sick people from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.



Contact Tracing — Identification of persons who may have come into contact with an infected person to help stop chain of disease transmission.



Airflow & Ventilation — Outdoor activities are safer than indoor activities; maximize airflow in closed spaces.



Communication — Follow clear protocols for sharing information.

Screening

All students, parents/guardians and staff will receive frequent reminders in various communication formats such as notes sent home, emails, flyers, and social media to stay home when sick, report any COVID-19 symptoms or known exposure. The district will follow the OHA/ODE School Exclusion Guidelines as well as school guidelines from ODE for the 2023-24 School Year. See Appendix G for example checklist for parents to use daily in deciding if it is safe to send their child to school.

Students or staff will not be excluded from school for a cough that is a chronic condition or not new and is not worsening (i.e. asthma, allergies, etc). Parents/guardians may provide information regarding existing conditions that cause coughing that are not new onset and not worsening for screening purposes and will not be excluded. Information will be documented.

Student Screening

Any student or staff displaying symptoms on the visual checklist will immediately be escorted by trained staff to the designated district isolation room for further screening, including a temperature check. Any individual displaying any of the primary COVID-19 symptoms (fever of 100.4 or higher, cough, new loss of taste or smell, or difficulty breathing or shortness of breath) will remain in the isolation room with trained staff until parent/guardian comes and picks up the student.

Staff Screening

Staff must report if they or anyone in their household have tested positive for COVID-19 or a presumed case. Additionally, all staff are required to report any symptoms associated with COVID-19. Staff members will not be responsible for screening or reporting other staff members symptoms.

Isolation

If a student displays any of the symptoms/signs on the visual screening checklist while on campus, the student will be further screened by a trained staff member. If it is determined that the student has excludable symptoms, they will go to the Isolation Room with the trained staff member until parent/guardian can pick them up.

A trained staff member will supervise ill students until a parent/guardian picks them up. Ill staff members will immediately be sent home after notifying the building administrator to arrange for coverage. If any ill staff or student develops any of the emergency warning signs for COVID-19, (trouble breathing, constant pain or pressure in chest, bluish lips or face, sudden new onset confusion or inability to wake or stay awake), supervising staff will call 911. Staff and students with known or suspected COVID-19 cannot remain at school.

The assigned isolation room will be exclusively used for ill staff and students. There will be an on-call trained staff member to supervise and monitor any symptomatic student/staff until they can safely leave school. A telephone and sink are available in the isolation room and will only be used during times of ill students/staff in the room. If the isolated student needs to use the restroom, they will use a designated restroom located near the isolation room. The trained isolation room staff will ensure that the bathroom is vacant before sending the isolated student in. Once the isolated student is done, the trained staff will sanitize the affected areas of the bathroom.

Trained staff will keep 6 feet distance from ill students/staff whenever possible. A medical grade face mask, gloves and any other necessary protective equipment will be worn by all staff while in contact with an ill student/staff in the isolation room. If it is safe to do so, the ill student will wear a mask until they leave campus with a parent/guardian. If students are nauseous, struggling to breathe, or in distress, they should **NOT** wear any face covering and remain 6 feet from others while waiting to go home. An adequate supply of masks/face coverings will be available for symptomatic students or staff while waiting in the isolation room to go home. They will be securely kept in the isolation room. Supervising staff will maintain a calm demeanor and explain all actions being taken, including the use of PPE to students in the isolation room so as to not cause student/ family fear or anxiety. Staff will always maintain student confidentiality as is appropriate and required by law. Staff will properly fill out the isolation room log and keep on file for at least 4 weeks for contact tracing purposes.

Environmental Management

Hand Washing:

- Staff will be trained in communicable disease prevention measures, including hand washing routines.
- Staff will provide age appropriate hand washing education, define appropriate times to wash hands, and provide hand sanitizer when hand washing is not available.
- Hand washing sanitizing supplies:
 - Hand sanitizer will be placed at the entrance of each building and in each classroom
 - Hand soap and paper towels will be maintained in each classroom that has a sink
- All staff and students will be encouraged to wash their hands for 20+ seconds or use approved hand sanitizer:
 - Upon entrance of the building each day
 - Prior to breakfast and lunch
 - After breakfast and lunch
 - After using the restroom
 - Throughout the day

Protocol for disinfection procedures for prevention of spread:

All cleaning products will be distributed daily as needed to classrooms and refilled by Facilities staff as needed.

- Product use by staff will be trained by facilities staff for proper use.
- Atomizers will be limited use and specifically trained personnel selected by the Superintendent.
- Facilities may and will include all trained facilities staff and trained staff:
- The Facilities Director is responsible for training and direction of staff.

Cleaning supplies required for school wide exposure:

- Buckeye ECO E22 Hospital grade Virucide
- Buckeye ECO E32 PH Neutral disinfectant
- Buckeye Terminator for hard surface floors
- Extraction2 for carpet cleaning
- Clorox disinfecting wipes or compatible
- Wall mounted sanitizers are Buckeye foaming hand sanitizer minimum alcohol content no less than 70%
- Portable bottle sanitizers are minimum 70% alcohol

These supplies are in each Facilities storage rooms and in the Facilities maintenance shed

Protocol for sanitizing after classroom/school wide exposure:

With the continued spread of the COVID-19 outbreak, Gaston School District must anticipate and be prepared to respond to potential cases among students. The District will continue to rely upon information from licensed medical providers, local and state health officials, and information available through the Centers for Disease Control and Prevention (CDC) for expert guidance as well as work with LPHA on determining which areas need to be sanitized after a COVID-19 positive case is identified in the school. Facilities may and will include all trained facilities staff and trained staff. The Facilities Director is responsible for training and direction of staff.

Cleaning supplies required for school wide exposure:

These supplies are in each Facilities storage rooms and in the Facilities maintenance shed

Protocol for sanitizing after classroom/school wide exposure:

With the continued spread of the COVID-19 outbreak, Gaston School District must anticipate and be prepared to respond to potential cases among students. The District will continue to rely upon information from licensed medical providers, local and state health officials, and information available through the Centers for Disease Control and Prevention (CDC) for expert guidance as well as work with LPHA on determining which areas need to be sanitized after a COVID-19 positive case is identified in the school. Facilities may and will include all trained facilities staff and trained staff. The Facilities Director is responsible for training and direction of staff.

Cleaning supplies required for school wide exposure:

- Buckeye ECO E22 Hospital grade Virucide
- Buckeye ECO E32 PH Neutral disinfectant
- Buckeye Terminator for hard surface floors
- Extraction2 for carpet cleaning

These supplies are in each Facilities storage rooms and in the Facilities maintenance shed

In the event of a school wide exposure:

- ALL students and staff are directed to leave the facility
- Facilities members are to secure all doors and exits so no re entry is possible
- Facilities are to immediately turn off all HVAC equipment
- Facilities will immediately start an atomizer process through all building areas and surfaces with E22 product while in all protective PPE. This process will include all ceiling, wall, counter, desk, chair and floor surfaces
- Facilities will wash all touch surfaces with E22 and wipe with paper towel and air dry
- Carpets and floors will be cleaned with proper sanitizing agents
- Each room as finished will be locked and no re entry for a minimum of 24 hours
- Call for HVAC filter change and return hvac units once completed
- Facilities will remove PPE for either disposal or cleaning
- Facilities will leave campus after cleaning and shower and wash clothing.

Physical Distancing and Protection

OHA and ODE strongly advise that schools support and promote physical distancing as described below:

- Support physical distancing in all daily activities and instruction, maintaining at least 3 feet between students to the extent possible.
- Maintaining physical distancing should not preclude return to full-time, in-person instruction for all students.
- Consider physical distancing requirements when setting up learning and other spaces, arranging spaces and groups to allow and encourage at least 3 feet of physical distance.
- Minimize time standing in lines and take steps to ensure that required distance between students is maintained, including marking spacing on floor, one-way traffic flow in constrained spaces, etc.
- Staff must maintain physical distancing during all staff meetings and conferences, or consider remote web-based meetings.
- Hallways
 - Marked with one-way directions and 6 ft markers to keep physical distancing
- Cafeteria
 - Students will eat in designated areas
- Recess
 - Recess will occur for the elementary school

Resources

Gaston Board Policies

Gaston School District Policy JHCC and JHCC-AR Communicable Disease- Students

Gaston School District Policy GBEB and GBEB-AR Communicable Disease- Staff

Oregon State Information

Oregon Health Authority COVID-19 Information

Oregon Department of Education

Ready Schools Safe Learners

Oregon Communicable Disease Guidelines for School

COVID-19 Testing Site Locations

Washington County

Washington County Public Health Department

National

Centers for Disease Control

Appendices

APPENDIX A







Exclusion Guidelines for Schools and Child Care Settings Clackamas, Multnomah and Washington Counties*

Does the student have any of the following? Diarrhea: At least 3 loose stools in 24 hours – OR – sudden onset of loose stools. Vomiting: At least one episode that is unexplained in the past 24 hours. Fever: A body temperature of at least 100.4 New skin rash, sores or wounds: Not previously diagnosed by a health care provider

YES

For Diarrhea or Vomiting

Stay at Home --

Until symptoms are gone for 24 hours;

DO NOT handle any shared food until 72 hours after symptoms are gone.

For Fever

Stay at Home --

Until fever is below 100.4 for 24 hours **WITHOUT** the use of fever-reducing drugs (for example, Tylenol, acetaminophen, Advil, Motrin, ibuprofen)

For Skin Rash, Sores or Wounds:

Stay at Home -

- If rash is increasing in size, or if new sores or wounds are developing day-today, – OR –
- If rash, sores or wounds are draining and cannot be completely covered with a bandage.

No contact sports until sores or wounds are healed or no longer draining

When to report to local health department

- Report any suspected outbreak or reportable disease immediately. A suspect outbreak means a higher than expected number of students or staff sick with similar symptoms around the same time.
- Report any suspected outbreak or reportable disease to the school nurse. If a school nurse is not
 available, contact the County Health Department.
- See Oregon Disease Reporting Guidelines Online for a list of diseases and reporting timelines. http://www.co.washington.or.us/HHS/CommunicableDiseases/upload/Disease Exclusion Guide Updated-July-2017-1.pdf

Questions? Contact Washington County Public Health Department: 503-846-3594

Last Updated: 10/02/2018

^{*}Please contact the school nurse or county health department if you have questions.

APPENDIX B

SCHOOL DISTRICT (K-12) PANDEMIC INFLUENZA PLANNING CHECKLIST

Local educational agencies (LEAs) play an integral role in protecting the health and safety of their district's staff, students and their families. The Department of Health and Human Services (HHS) and the Centers for Disease Control and Prevention (CDC) have developed the following checklist to assist LEAs in developing and/or improving plans to prepare for and respond to an influenza pandemic.



Building a strong relationship with the local health department is critical for developing a meaningful plan. The key planning activities in this checklist build upon existing contingency plans recommended for school districts by the U.S. Department of Education (Practical Information on Crisis Planning: A Guide For Schools and Communities http://www.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf).

Further information on pandemic influenza can be found at www.pandemicflu.gov.

1. Planning and Coordination:

Completed	In Progress	Not Started	
			Identify the authority responsible for declaring a public health emergency at the state and local levels and for officially activating the district's pandemic influenza response plan.
			Identify for all stakeholders the legal authorities responsible for executing the community operational plan, especially those authorities responsible for case identification, isolation, quarantine, movement restriction, healthcare services, emergency care, and mutual aid.
			As part of the district's crisis management plan, address pandemic influenza preparedness, involving all relevant stakeholders in the district (e.g., lead emergency response agency, district administrators, local public health representatives, school health and mental health professionals, teachers, food services director, and parent representatives). This committee is accountable for articulating strategic priorities and overseeing the development of the district's operational pandemic plan.
			Work with local and/or state health departments and other community partners to establish organizational structures, such as the Incident Command System, to manage the execution of the district's pandemic flu plan. An Incident Command System, or ICS, is a standardized organization structure that establishes a line of authority and common terminology and procedures to be followed in response to an incident. Ensure compatibility between the district's established ICS and the local/state health department's and state education department's ICS.
			Delineate accountability and responsibility as well as resources for key stakeholders engaged in planning and executing specific components of the operational plan. Assure that the plan includes timelines, deliverables, and performance measures.
			Work with your local and/or state health department and state education agencies to coordinate with their pandemic plans. Assure that pandemic planning is coordinated with the community's pandemic plan as well as the state department of education's plan.
			Test the linkages between the district's Incident Command System and the local/state health department's and state education department's Incident Command System.
			Contribute to the local health department's operational plan for surge capacity of healthcare and other services to meet the needs of the community (e.g., schools designated as contingency hospitals, schools feeding vulnerable populations, community utilizing LEA's healthcare and mental health staff). In an affected community, at least two pandemic disease waves (about 6-8 weeks each) are likely over several months.
			Incorporate into the pandemic influenza plan the requirements of students with special needs (e.g., low income students who rely on the school food service for daily meals), those in special facilities (e.g., juvenile justice facilities) as well as those who do not speak English as their first language.
			Participate in exercises of the community's pandemic plan.
			Work with the local health department to address provision of psychosocial support services for the staff, students and their families during and after a pandemic.

1. Plann	ing and Co	oordinatio	n (cont.):
Completed	In Progress	Not Started	
			Consider developing in concert with the local health department a surveillance system that would alert the local health department to a substantial increase in absenteeism among students.
			Implement an exercise/drill to test your pandemic plan and revise it periodically.
			Share what you have learned from developing your preparedness and response plan with other LEAs as well as private schools within the community to improve community response efforts.
2. Conti	nuity of St	udent Lea	rning and Core Operations:
Completed	In Progress	Not Started	
			Develop scenarios describing the potential impact of a pandemic on student learning (e.g., student and staff absences), school closings, and extracurricular activities based on having various levels of illness among students and staff.
			Develop alternative procedures to assure continuity of instruction (e.g., web-based distance instruction, telephone trees, mailed lessons and assignments, instruction via local radio or television stations) in the event of district school closures.
			Develop a continuity of operations plan for essential central office functions including payroll and ongoing communication with students and parents.
3. Infect	ion Contro	ol Policies	and Procedures:
Completed	In Progress	Not Started	
			Work with the local health department to implement effective infection prevention policies and procedures that help limit the spread of influenza at schools in the district (e.g. promotion of hand hygiene, cough/sneeze etiquette). Make good hygiene a habit now in order to help protect children from many infectious diseases such as flu.
			Provide sufficient and accessible infection prevention supplies, such as soap, alcohol-based/waterless hand hygiene products (containing at least 60% alcohol), tissues, and receptacles for their disposal.
			Establish policies and procedures for students and staff sick leave absences unique to a pandemic influenza (e.g., non-punitive, liberal leave).
			Establish sick leave policies for staff and students suspected to be ill or who become ill at school. Staff and students with known or suspected pandemic influenza should not remain at school and should return only after their symptoms resolve and they are physically ready to return to school.
			Establish policies for transporting ill students.
			Assure that the LEA pandemic plan for school-based health facilities conforms to those recommended for health care settings (Refer to www.hhs.gov/pandemicflu/plan).
4. Comn	nunication	s Planning	3:
Completed	In Progress	Not Started	
			Assess readiness to meet communication needs in preparation for an influenza pandemic, including regular review, testing, and updating of communication plans.
			Develop a dissemination plan for communication with staff, students, and families, including lead spokespersons and links to other communication networks.
			Ensure language, culture and reading level appropriateness in communications by including community leaders representing different language and/or ethnic groups on the planning committee, asking for their participation both in document planning and the dissemination of public health messages within their communities.



School Outbreak Guidance Document



School Outbreak Guidance

When to call Washington County Public Health (available 24/7 at 503-846-3594):

- Unusually high absenteeism in students or staff with vomiting and/or diarrhea in the same classroom or across the school within a two-week period
- Students or staff ill with high fevers or bloody stool
- Evidence of severe illness (i.e. multiple students or staff hospitalized with similar symptoms)
- Unusually high absenteeism in students or staff with fever and cough and/or sore throat.
- ≥10 people or ≥20% of facility, absence is prolonged ≥ 3 days
- In school, ≥40% of students in any one classroom absent

What information to include in the initial report to Washington County Public Health:

- Total number of students, staff and food handlers in your school
- Total number of ill students, staff and food handlers and classrooms/grade levels affected
- General symptoms and when symptoms started
- It is important to distinguish between gastroenteritis (i.e. nausea, vomiting, diarrhea) and respiratory (i.e. fever, cough, sneezing, sore throat) symptoms as early as possible
- Any lab-confirmed illnesses, hospitalizations or deaths
- Baseline absentee rates (the expected number of absent staff and/or students)

What to return to Washington County Public Health during an outbreak investigation:

0





APPENDIX D School COVID-19 Reporting Form

W Lead:	CHD Outbreak: 🗆 Y	□NA	ssigned:	Outbreak #
Date:	Time:	Taken By:		
Name of Caller:		Position:		
Facility Name:		Facility Fa	x #:	
Facility Address:				
Point of Contact:		Position:		
Email Address:		Phone #:		
Facility Information:				
Indicate instructional mode	el(s): On Site Learning	☐ Hybrid	Learning	☐ Distance Learning
# of floors affected:	# of classrooms affected:		# of {	grades affected:
Total # of floors:	Total # of classrooms:		Total # of §	grades affected:
Medically fragile classroom	affected? □ Y □ N			
# of cohorts affected:	Did cohort have contac	t with other	people or	cohorts: 🗆 Y 🗆 N
Describe how school is coh	orting?: (i.e., size, student/s	taff schedul	es)	
Describe how school is han	dling transportation / Buses	:		
Other group activities:	Y □ N <i>If yes,</i> Date & descr	iption:		

Ctudout Information		
Student Information: Total # of students:	# of ill students:	# of student tested:
OPERA # of ill student (if known,)		(add information to line list)
List cohort(s) ill student is part of		(dud injormation to line list)
Are there other symptomatic and		
The there other symptomatic and	If yes - # symptomatic:	# tested:
III students excluded? ☐ Y ☐ N	· · ·	purs after symptom improvement)
Did student attend school 2 days	•	· · · · · · · · · · · · · · · · · · ·
Does student have household me	, ,	
Staff Information	·	
Total # of staff:	# of ill staff:	# of staff tested:
OPERA # of ill staff (if known, LPH	A use only):	(add information to line list)
List classrooms, cohorts, people i	I staff had contact with:	
Are there other symptomatic and	/or tested Staff: ☐ Y ☐ N	
	If yes - # symptomatic:	# tested:
III Staff Excluded \square Y \square N $(I$	Recommendation: 72 hours after	symptom improvement)
Did staff member work 2 days be	fore symptoms started until diag	nosis/isolation? 🗌 Y 🔲 N
Does staff member have househo	old members who also attend/wo	ork at this location? 🗌 Y 🔲 N
Control Measures: In place since	e - Date: Time:	EH Consult □ Y □ N
☐ Enforce exclusion guidelines	☐ Increase hand hygiene	☐ Post signs
☐ Increase routine disinfecting	☐ Monitor absentee counts	☐ Discontinue group activities
☐ Droplet Precautions	☐ Respiratory hygiene, hand h	
☐ Mask/Face covering	☐ Daily health reports and che	ecklists
Notes:		

APPENDIX E

Daily Log – COVID-19

Date:

Oregon achieves ... together!

Stable Cohort:

	Role/Title			Staff/Adult Names in Contact with Cohort**	nes in Cont	Staff/Adult Nar
	•					
exposules lloted		Cohort	name & phone	completed (x)		
Symptoms and/or	OUT	Interactions	Parent/Guardian	Entrance	Z	Child Name (First Last)

^{*}Entrance Screening – Must include either a visual check/parent attestation: check for the primary symptoms of concern.

^{**}Staff Name – The name of any staff member or adult who comes in contact with the students throughout their day.

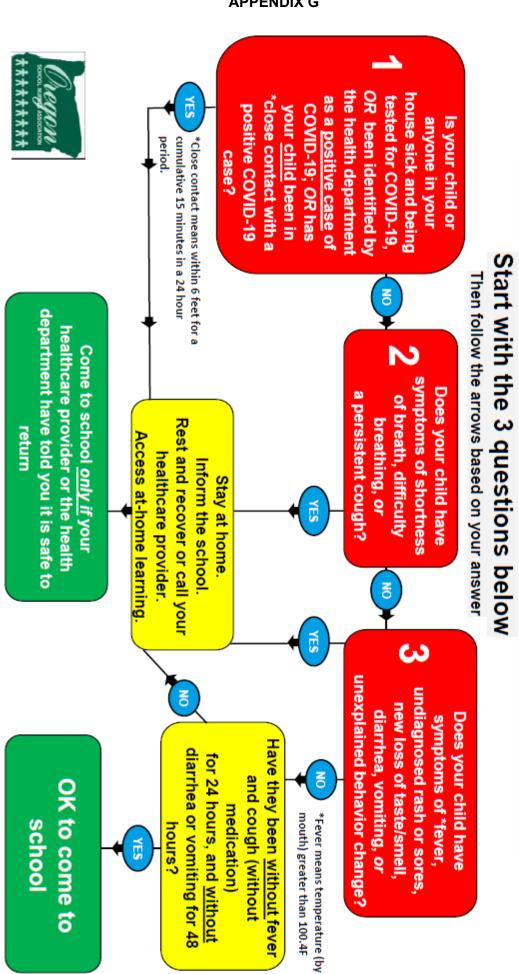
APPENDIX F

CONDITIONS FOR ACTION PRESENTATION RETURN Primary COVID-19 symptoms include the following: Important Definitions If person test: [Scenario 3a] fever free for improve and negative for school after Chills 24 hours. symptoms they may COVID-19, return to 19 case in past 14 days. Student or staff has illnes Difficulty breathing Shortness of breath Fever of 100.4°F or higher had contact with a COVID with primary COVID-19 New loss of taste or loss of smell symptom(s) and has not provider for evaluation referral to health care Advise viral testing and Exclude from school. [Scenario 2a] nours fever free and symptoms began, and 24 must isolate at COVID-19, they If person tests [Scenario 4a] home for 10 positive for improved. symptoms days after school for 10 exclude from hours fever not tested, If person is improved symptoms days after began and until 24 quarantine are needed; follow local This ill person may have COVID-19. health care provider. Isolation or Advise viral testing and referral to confirmed COVID-19 case in Student or staff has illness [Scenario 2b, 3b, 4b or 4c] with primary COVID-19 and had contact with a public health guidance. past 14 days. symptom(s) Fever free means a temperature less than 100.40F without the use of to prevent disease spread (determined by local public health authority). Isolation separates people with a contagious disease from other people disease spread (determined by local public health authority). exposed to a contagious disease to see if they become sick and prevents Quarantine separates and restricts the movement of people who were fever-reducing medication. person may return per documented provider advises return to school, person they can If health care advice of the provider. care provider if symptoms Exclude per usual school COVID-19 symptoms such Advise referral to health persist longer than one as diarrhea, vomiting, illness with symptoms Student or staff has that are not primary headache, or rash. If not seen by a return per usual school provider, may health care Student or staff is not ill or COVID-19 symptoms, but has had contact with a is ill without primary following local public Student or staff must quarantine at home [Scenario 1a or 1b] health guidance. COVID-19 case. possible; refer to Planning for COVID-19 Scenarios in Schools for contact with a confirmed COVID-19 case. (Other situations are result on a COVID-19 diagnostic test but has symptoms after Presumptive case means a person who has not had a positive COVID-19 diagnostic test. Confirmed case means a person who has a positive result on a spread (determined by school). a contagious disease out of school to prevent possible disease Exclusion means keeping a student with symptoms or diagnosis of symptoms improved days since test date, home for at least 10 COVID-19. Isolate at and 24 hours fever [Scenario 5, 6 or 7] Local public health This person has will investigate. Student or staff free, and any has a positive COVID-19 viral test. Oregon achieves . . . together possible quarantine additional guidance COVID-19 Scenarios COVID-19 (page 4); <14 days (Scenario ully vaccinated and See "Planning for recommendations people who have people who are quarantine and previously had on post-travel quarantine for exceptions to in Schools" for guidance for 1a); see CDC details about including EDUCATION OREGON

COVID-19 Exclusion Summary Guidance for K-12

Version 7/22/2021

APPENDIX G



Can my child go to school today?